

# STONE DOOR YOGA RETREAT

168 Fehery Lane, P. O. Box 256, Beersheba Springs, TN 37305  
931-692-2350 www.yogadoor.com email: [yoga@yogadoor.com](mailto:yoga@yogadoor.com)

## TEACHER TRAINING APPLICATION

APPLYING FOR: (circle all that apply) PART I PART II  
accommodation: camping(free) dorm(\$15/night)

Name \_\_\_\_\_ Course Date \_\_\_\_\_

Street Address \_\_\_\_\_ Email \_\_\_\_\_

City/State/Zip Code/Country \_\_\_\_\_

Home Telephone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Occupation \_\_\_\_\_

Education / Skills \_\_\_\_\_

Age \_\_\_\_\_ Gender \_\_\_\_\_ Health Problems? \_\_\_\_\_

List any medications that you are taking \_\_\_\_\_

Are you allergic to any medications? \_\_\_\_\_ If so, what medications \_\_\_\_\_

In case of an emergency, who should we contact? Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Relationship \_\_\_\_\_

Length of time practicing yoga \_\_\_\_\_

Reasons for wanting to attend the course \_\_\_\_\_

Uniform Size (circle one) Small Medium Large X-Large

Accommodation (circle one) Tent (furnish your own) Dorm

The fee for this course includes tuition, meals, 2 uniforms, and a training manual. Students must bring their own tent, sleeping bag, towel, toiletries, bath towel, and yoga mat. All fees are non-refundable. Payment with a check, money order, or cash is accepted. Credit cards are not accepted.  
**A NON-REFUNDABLE DEPOSIT OF \$300 IS REQUIRED WITH APPLICATION**

Signature of Applicant \_\_\_\_\_ date \_\_\_\_\_

**Course Fees:**  
**Part I \$1400.00**  
**Part II \$1400.00**

**Daily Schedule:**

**Part I**

5:30 Wake Up      12:00 Lecture  
6:00 Satsang      2:00 Lecture  
8:00 Asana Class    4:00 Asana Class  
10:00 Brunch      6:00 Dinner  
10:45 Karma Yoga   8:00 Satsang3013

**Part II**

4:30 Wake Up  
5:00 Pranayama  
Remainder of schedule  
same as Part I